

Supplemental Guide: Colon and Rectal Surgery



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Milestones Supplemental Guide

This document provides additional guidance and examples for the Preventive Medicine – Occupational Medicine Milestones. This is not designed to indicate any specific requirements for each level, but to provide insight into the thinking of the Milestone Work Group.

Included in this document is the intent of each Milestone and examples of what a Clinical Competency Committee (CCC) might expect to be observed/assessed at each level. Also included are suggested assessment models and tools for each subcompetency, references, and other useful information.

Review this guide with the CCC and faculty members. As the program develops a shared mental model of the Milestones, consider creating an individualized guide (Supplemental Guide Template available) with institution/program-specific examples, assessment tools used by the program, and curricular components.

Additional tools and references, including the Milestones Guidebook, Clinical Competency Committee Guidebook, and Milestones Guidebook for Residents and Fellows, are available on the Resources page of the Milestones section of the ACGME website.

Patient Care 1: Rectal Cancer Overall Intent: To diagnose, comprehensively manage, and treat rectal cancer	
Milestones	Examples
Level 1 Participates in a multidisciplinary approach to peri-operative diagnosis and management	Participates in multidisciplinary team for a 52-year-old patient presenting with a mid-rectal neoplasm at colonoscopy
Assists in component steps for transanal excision, total mesorectal excision, restorative proctectomy, and abdominoperineal resection	Assists the attending performing total mesorectal excision (TME) and diverting loop ileostomy (DLI)
Assists in management of complications	 Assists in the evaluation and management of a patient with fever, pelvic pressure, and leukocytosis four days after surgery; the attending instructs the resident to order an interventional radiology drainage after a computerized tomography (CT) scan reveals a pelvic collection consistent with a leak
Level 2 With direct supervision, interprets and integrates relevant staging and a multidisciplinary approach to peri-operative diagnosis and management	 With attending help for preparation, presents case at multidisciplinary conference for a 52- year-old patient with a mid-rectal T3N1 carcinoma, and recommends neoadjuvant treatment
With direct supervision, selects and completes the component steps for transanal excision, total mesorectal excision, restorative proctectomy, and abdominoperineal resection	Performs portions of the TME and DLI with attending assistance
With direct supervision, anticipates, diagnoses, and proficiently manages complications	• Evaluates and manages a patient with fever, pelvic pressure, and leukocytosis four days after surgery; after conferring with attending, the resident orders an interventional radiology drainage after CT reveals a pelvic collection consistent with a leak
Level 3 Independently interprets and integrates relevant staging and a multidisciplinary approach to peri-operative diagnosis and management	Treats a patient with new diagnosis of rectal cancer, coordinates appropriate imaging for staging, and after conferring with attending, recommends neoadjuvant therapy
With minimal guidance, selects and completes the component steps for transanal excision, total	Performs majority of the TME and DLI

mesorectal excision, restorative proctectomy, and abdominoperineal resection	
With minimal guidance, anticipates, diagnoses, and proficiently manages complications	 Evaluates and manages a patient with fever, pelvic pressure, and leukocytosis four days after surgery; informs the attending of a plan to order an interventional radiology drainage after CT reveals a pelvic collection consistent with a leak
Level 4 Leads the multidisciplinary team in perioperative diagnosis and management	Appropriately leads the presentation of a rectal cancer patient in multidisciplinary setting accurately presenting stage, treatment options, and surgical recommendation, and coordinates discussion among oncology, surgery, and radiation oncology
Independently selects and completes component steps for transanal excision, total mesorectal excision, restorative proctectomy, and abdominoperineal resection	Independently completes TME and DLI
Independently anticipates, diagnoses, and proficiently manages complications	 Evaluates and manages a patient with fever, pelvic pressure, and leukocytosis four days after surgery; orders an interventional radiology drainage after CT reveals a pelvic collection consistent with a leak
Level 5 Demonstrates proficiency as a teaching assistant for transanal excision, total mesorectal excision, restorative proctectomy, and abdominoperineal resection	Successfully leads a general surgery resident through steps of performing TME and DLI
Assessment Models or Tools	Assessment of case-based presentation
	Direct observation
	Medical record (chart) review Multisource feedback
	Objective structured clinical examination (OSCE)
Curriculum Mapping	•
Notes or Resources	 Beck DE, Roberts PL, Saclarides TJ, et al. <i>The ASCRS Textbook of Colon and Rectal Surgery: Second Edition</i>. 2nd ed. Philadelphia, PA: Springer; 2011. American Society of Colon and Rectal Surgerons (ASCRS). ColoRectal Educational Systems Template (CREST). https://fascrs.org/my-ascrs/education/crest 2020. ASCRS. Colon and Rectal Surgery Education Program (CARSEP). https://fascrs.org/my-ascrs/education/carsep 2020. American Joint Committee on Cancer. Cancer Staging. https://cancerstaging.org
	Accessed 2020.

• National Comprehensive Cancer Network. NCCN Guidelines. https://www.nccn.org/professionals/physician_gls/default.aspx. Accessed 2020.

Milestones	Examples
Level 1 Participates in a multidisciplinary approach to peri-operative diagnosis and management	Participates in multidisciplinary team for a patient with a sigmoid mass
Assists in component steps for partial colectomy, total abdominal colectomy, total proctocolectomy, including minimally invasive and open techniques	Assists attending performing sigmoid resection
Assists in management of complications	 Assists in the evaluation and management of a patient with decreasing hemoglobin and bright red blood per rectum; attending instructs the resident to order labs, type and screen, and cessation of anticoagulants
Level 2 With direct supervision, interprets and integrates relevant staging and a multidisciplinary approach to peri-operative diagnosis and management	With attending help for preparation, presents case at multidisciplinary conference for a sigmoid mass
With direct supervision, selects and completes the component steps for partial colectomy, total abdominal colectomy, total proctocolectomy, restorative proctectomy, including minimally invasive and open techniques	Performs portions of the sigmoid colon resection
With direct supervision, anticipates, diagnoses, and proficiently manages complications	• Evaluates and manages a patient with decreasing hemoglobin and bright red blood per rectum; after conferring with attending, the resident orders labs, type and screen, and cessation of anticoagulants
Level 3 With minimal guidance, interprets and integrates relevant staging and a multidisciplinary approach to peri-operative diagnosis and management	Treats a patient with new diagnosis of sigmoid mass after conferring with attending (or with indirect supervision)

With minimal guidance, selects and completes the component steps for partial colectomy, total abdominal colectomy, total proctocolectomy, restorative proctectomy, including minimally invasive and open techniques	Performs majority of the sigmoid colon resection
With minimal guidance, anticipates, diagnoses, and proficiently manages complications	Evaluates and manages a patient with decreasing hemoglobin and bright red blood per rectum; resident orders labs, type and screen, and cessation of anticoagulants; informs the attending of plan to transfer the patient to the endoscopy suite
Level 4 Leads the multidisciplinary team in perioperative diagnosis and management	Appropriately leads the presentation of a sigmoid mass in multidisciplinary setting accurately presenting stage, treatment options, and surgical recommendation, and coordinates discussion among oncology and surgery
Independently selects and completes component steps for partial colectomy, total abdominal colectomy, total proctocolectomy, restorative proctectomy, including minimally invasive and open technique	Independently completes sigmoid colon resection
Independently anticipates, diagnoses, and proficiently manages complications	• Evaluates and manages a patient with decreasing hemoglobin and bright red blood per rectum; orders labs, type and screen, and cessation of anticoagulants; initiates transfer to endoscopy suite
Level 5 Demonstrates proficiency as a teaching assistant for partial colectomy, total abdominal colectomy, total proctocolectomy, and restorative proctectomy, including minimally invasive and open techniques	Leads a general surgery resident through a sigmoid colon resection
Assessment Models or Tools	 Assessment of case-based presentation Direct observation Medical record (chart) review Multisource feedback OSCE
Curriculum Mapping	
Notes or Resources	 Beck DE, Roberts PL, Saclarides TJ, et al. The ASCRS Textbook of Colon and Rectal Surgery: Second Edition. 2nd ed. Philadelphia, PA: Springer; 2011. American Society of Colon and Rectal Surgerons (ASCRS). ColoRectal Educational Systems Template (CREST). https://fascrs.org/my-ascrs/education/crest 2020.

• ASCRS. Colon and Rectal Surgery Education Program (CARSEP). https://fascrs.org/my-ascrs/education/carsep 2020.

Patient Care 3: Anal Cancer Overall Intent: To diagnose, comprehensively manage, and treat anal cancer	
Milestones	Examples
Level 1 Participates in a multidisciplinary approach to peri-operative diagnosis, management, and surveillance	Participates in multidisciplinary team for a patient with an anal canal cancer
Assists in component steps for management of anal cancer	Assists in biopsy of an anal canal mass
Assists in management of complications Level 2 With direct supervision, interprets and integrates relevant staging and a multidisciplinary approach to peri-operative diagnosis, management, and surveillance	 Assists in the evaluation and management of a patient with stricture after chemoradiation With attending help for preparation, presents case at multidisciplinary conference for a patient with an anal canal cancer
With direct supervision, selects and completes the component steps for treatment of anal cancer	With attending assistance, performs a biopsy of the anal canal mass
With direct supervision, anticipates, diagnoses, and manages complications	With attending assistance, evaluates and manages a patient with stricture after chemoradiation
Level 3 With minimal guidance, interprets and integrates relevant staging and a multidisciplinary approach to peri-operative diagnosis, management, and surveillance	Presents case at multidisciplinary conference for a patient with an anal canal cancer after conferring with attending (or with indirect supervision)
With minimal guidance, selects and completes the component steps for management of anal cancer	Performs a biopsy of the anal canal mass
With minimal guidance, anticipates, diagnoses, and manages complications	Evaluates and manages a patient with stricture after chemoradiation; confers with attending and performs manual dilation
Level 4 Leads the multidisciplinary team in perioperative diagnosis, management, and surveillance	 Appropriately leads in the presentation of an anal canal cancer patient in multidisciplinary setting accurately presenting stage, treatment options, and surgical recommendations; coordinates discussion among oncology, radiation oncology, and surgery physicians

Independently selects and completes component steps for management of anal cancer	Performs a biopsy of the anal canal mass and fine needle biopsy any other groin masses
Independently anticipates, diagnoses, and manages complications	Evaluates and manages a patient with stricture after chemoradiation, and performs manual dilation after informing attending
Level 5 Demonstrates proficiency as a teaching assistant for surgical management of anal cancer	Guides general surgery resident through surveillance anoscopy and groin evaluation after treatment for anal canal cancer
Assessment Models or Tools	 Assessment of case-based presentation Direct observation Medical record (chart) review Multisource feedback OSCE
Curriculum Mapping	•
Notes or Resources	 Beck DE, Roberts PL, Saclarides TJ, et al. <i>The ASCRS Textbook of Colon and Rectal Surgery: Second Edition</i>. 2nd ed. Philadelphia, PA: Springer; 2011. American Society of Colon and Rectal Surgerons (ASCRS). ColoRectal Educational Systems Template (CREST). https://fascrs.org/my-ascrs/education/crest 2020. ASCRS. Colon and Rectal Surgery Education Program (CARSEP). https://fascrs.org/my-ascrs/education/carsep 2020. American Joint Committee on Cancer. Cancer Staging. https://cancerstaging.org Accessed 2020. National Comprehensive Cancer Network. NCCN Guidelines. https://www.nccn.org/professionals/physician_gls/default.aspx. Accessed 2020.

Patient Care 4: Anal Fistula Overall Intent: To diagnose, comprehensively manage, and treat anal fistula	
Milestones	Examples
Level 1 Participates in examination and assessment of anal fistula	Verbalizes understanding of typical fistula anatomy
Assists in component steps for surgical management of anal fistula	Assists the attending in the placement of a seton or fistulotomy
Assists in the management of complications and recurrence	Assists attending in draining recurrent abscess after fistulotomy
Level 2 With direct supervision, performs examination and assessment of anal fistula	Locates the internal opening and tract of simple fistulae
With direct supervision, selects and completes the component steps for surgical management of anal fistula	 Performs a simple fistulotomy and verbalizes understanding of surgical options for complex fistulae With attending assistance, evaluates and manages a patient with recurrent fistula and performs seton placement
With direct supervision, anticipates, diagnoses, and manages complications and recurrence	Recognizes the signs and symptoms of recurrent fistulae
Level 3 With minimal guidance, formulates assessment of anal fistula	Locates the internal opening and tract of complex fistulae, with attending's assistance
With minimal guidance, selects and completes component steps of surgical management of anal fistula	Completes the steps of a complex fistula procedure with attending's assistance
With minimal guidance, anticipates, diagnoses, and manages complications	• Evaluates and manages a patient with recurrent fistula; confers with attending and places a seton
Level 4 Independently formulates assessment of anal fistula	 When a patient presents with draining sinus after incision and drainage of a perirectal abscess two months prior, appropriately completes examination of the fistula determining potential sphincter involvement, orders appropriate imaging, assesses concurrent disease processes, and determines potential for active infection

Independently selects and completes component steps of surgical management of anal fistula	In the operating room appropriately determines significant sphincter involvement and correctly selects appropriate definitive repair
Independently anticipates, diagnoses, and manages complication	When after completion of previous repair a patient re-presents with recurrent fistula and induration, appropriately determines need for control of infection, potential causes of recurrence including concurrent cancer or Crohn's disease, and subsequent surgical management
Level 5 Demonstrates proficiency as a teaching	Appropriately teaches and directs the general surgery resident in the comprehensive
assistant for surgical management of anal fistula	management of fistula disease
Assessment Models or Tools	Assessment of case-based presentation
	Direct observation
	Medical record (chart) review
	Multisource feedback
	• OSCE
Curriculum Mapping	
Notes or Resources	Beck DE, Roberts PL, Saclarides TJ, et al. The ASCRS Textbook of Colon and Rectal Surgany Second Edition 2nd ed. Philadelphia, DA: Springer, 2011.
	Surgery: Second Edition. 2nd ed. Philadelphia, PA: Springer; 2011.
	American Society of Colon and Rectal Surgerons (ASCRS). ColoRectal Educational
	Systems Template (CREST). https://fascrs.org/my-ascrs/education/crest 2020.
	• ASCRS. Colon and Rectal Surgery Education Program (CARSEP). https://fascrs.org/my-ascrs/education/carsep 2020.

component steps for interventions

Patient Care 5: Benign Anorectal (Hemorrhoids, Fissures, Abscess, Pilonidal Disease, and Dermatologic Conditions) Overall Intent: To diagnose, comprehensively manage, and treat benign anorectal conditions **Milestones Examples** Level 1 Participates in formulating a differential • Observes an attending formulate a differential diagnosis and treatment plan for a patient diagnosis and medical or surgical management presenting with grade III hemorrhoids; that includes implementing fiber supplements, hydration, and other conservative measures; discusses options should these conservative plan measures fail Assists with component steps for interventions • Assists attending surgeon with hemorrhoidal banding Assists with the management of complications • Assists attending surgeon with exam under anesthesia for significant rectal bleeding on post-banding day five • With direct supervision, formulates differential diagnosis for a patient with grade III Level 2 With direct supervision, formulates a differential diagnosis and medical or surgical hemorrhoids, implements fiber supplements, hydration, and other conservative measures, and discusses options should these conservative measures fail management plan • Performs hemorrhoidal banding with direct supervision With direct supervision performs and completes component steps for interventions • Performs exam under anesthesia for significant rectal bleeding on post-banding day five With direct supervision anticipates, makes diagnosis, and manages complications under direct supervision Level 3 With minimal guidance, formulates a • After confirming with attending, formulates differential diagnosis for a patient presenting differential diagnosis and medical or surgical with grade III hemorrhoids and implements fiber supplements, hydration, and other management plan conservative measures; discusses options should these conservative measures fail With minimal guidance performs and completes • Performs hemorrhoidal banding after confirming with attending component steps for interventions With minimal guidance anticipates, makes • Performs exam under anesthesia for significant rectal bleeding on post-banding day five diagnosis, and manages complications with attending assistance • Formulates differential diagnosis for a patient presenting with grade III hemorrhoids, and Level 4 Independently formulates a differential diagnosis and medical or surgical management implements fiber supplements, hydration, and other conservative measures; discusses options with patient should these conservative measures fail plan Independently performs and completes Performs hemorrhoidal banding

Independently anticipates, makes diagnosis, and manages complications	Performs exam under anesthesia for significant rectal bleeding on post-banding day five
Level 5 Demonstrates proficiency as a teaching assistant for component steps for interventions	Serves as teaching assistant for junior resident for hemorrhoidal banding and examination under anesthesia for significant rectal bleeding five days later
Assessment Models or Tools	 Assessment of case-based presentation Direct observation Mock oral exam OSCE
Curriculum Mapping	
Notes or Resources	 Beck DE, Roberts PL, Saclarides TJ, et al. <i>The ASCRS Textbook of Colon and Rectal Surgery: Second Edition.</i> 2nd ed. Philadelphia, PA: Springer; 2011. American Society of Colon and Rectal Surgerons (ASCRS). ColoRectal Educational Systems Template (CREST). https://fascrs.org/my-ascrs/education/crest 2020. ASCRS. Colon and Rectal Surgery Education Program (CARSEP). https://fascrs.org/my-ascrs/education/carsep 2020.

1.0°1	Overall Intent: To diagnose, comprehensively manage, and treat ulcerative colitis	
Milestones	Examples	
Level 1 Participates with development of a multidisciplinary medical or surgical management plan, including surveillance	 Participates in a multidisciplinary conference to review a 32-year-old patient presenting with bloody diarrhea whose: colonoscopy reveals pancolitis; biopsies suggest ulcerative colitis; and does not respond to the gastroenterologist's medical management including biologic agents 	
Assists with selection and completion of component steps of operations, including restorative proctocolectomy	Observes staged restorative proctocolectomy with J-pouch reconstruction and loop ileostomy	
Assists with diagnosis and management of complications	Observes management of patient who developed a fever five days after restorative proctocolectomy with diversion, and whose CT exam reveals pelvic abscess; observes requests for interventional CT-guided percutaneous drainage with water-soluble contrast study ordered following patient recovery to ensure resolution of leak prior to ileostomy takedown	
Level 2 With direct supervision formulates a differential diagnosis and multidisciplinary medical or surgical management plan, including surveillance	 Provides informed consent for operative options (with direct supervision by attending) to a 32-year-old patient presenting with bloody diarrhea whose: colonoscopy reveals pancolitis, biopsies suggest ulcerative colitis, and who fails to respond to the gastroenterologist's medical management including biologic agents 	
With direct supervision, selects and completes component steps of operations, including restorative proctocolectomy	Assists with staged restorative proctocolectomy with J-pouch reconstruction and loop ileostomy	
With direct supervision, anticipates, makes diagnosis, and manages complications	Assists in management of patient who developed a fever five days after restorative proctocolectomy with diversion, and whose CT exam reveals pelvic abscess; assists in the request for interventional CT-guided percutaneous drainage with water-soluble contrast study ordered following patient recovery to ensure resolution of leak prior to ileostomy takedown	
Level 3 With minimal guidance, formulates a differential diagnosis and multidisciplinary medical or surgical management plan, including surveillance	 After confirming with attending surgeon, provides informed consent for operative options to a 32-year-old patient presenting with bloody diarrhea whose: colonoscopy reveals pancolitis, biopsies suggest ulcerative colitis, and who fails to respond to the gastroenterologist's medical management including biologic agents 	

With minimal guidance, selects and completes component steps of operations, including restorative proctocolectomy	Performs staged restorative proctocolectomy with J-pouch reconstruction and loop ileostomy with attending assistance
With minimal guidance, anticipates, makes diagnosis, and manages complications	 Manages patient who developed a fever five days after restorative proctocolectomy with diversion; when a CT exam reveals pelvic abscess, requests interventional CT-guided percutaneous drainage after confirmation with attending surgeon; orders a water-soluble contrast study following patient recovery and following confirmation with attending surgeon to ensure resolution of leak prior to ileostomy takedown
Level 4 Independently formulates a differential diagnosis and multidisciplinary medical or surgical management plan, including surveillance	 Provides informed consent for operative options to a 32-year-old patient presenting with bloody diarrhea whose colonoscopy reveals pancolitis, biopsies suggest ulcerative colitis, and who fails to respond to the gastroenterologist's medical management including biologic agents
Independently selects and completes component steps of operations, including restorative proctocolectomy	Performs staged restorative proctocolectomy with J-pouch reconstruction and loop ileostomy
Independently anticipates, makes diagnosis, and manages complications	Manages patient who developed a fever five days after restorative proctocolectomy with diversion; when a CT exam reveals pelvic abscess, requests interventional CT-guided percutaneous drainage; orders a water-soluble contrast study following patient recovery to ensure resolution of leak prior to ileostomy takedown
Level 5 Guides discussion of patient care in the multidisciplinary team	Guides junior resident through non-operative and operative management decision making for patient with ulcerative colitis
Demonstrates proficiency as a teaching assistant for operations, including restorative proctocolectomy	Serves as teaching assistant for restorative proctocolectomy and loop ileostomy
Assessment Models or Tools	 Assessment of case-based presentation Direct observation Mock oral exam OSCE
Curriculum Mapping	
Notes or Resources	Beck DE, Roberts PL, Saclarides TJ, et al. <i>The ASCRS Textbook of Colon and Rectal Surgery: Second Edition</i> . 2nd ed. Philadelphia, PA: Springer; 2011.

American Society of Colon and Rectal Surgerons (ASCRS). ColoRectal Educational
Systems Template (CREST). https://fascrs.org/my-ascrs/education/crest 2020.
• ASCRS. Colon and Rectal Surgery Education Program (CARSEP). https://fascrs.org/my-
ascrs/education/carsep 2020.

Milestones	Examples
Level 1 Participates in examination and assessment and medical or surgical management Assists in component steps for surgical management Assists in the management of complications and recurrences	 Participates in assessment and discussion of medical and surgical options for a 56-year-old patient presenting with left lower-quadrant abdominal pain and low-grade fever consistent with clinical diverticulitis, and whose CT scan shows a six-centimeter pericolic abscess not amenable to percutaneous drainage Observes and assists with operative intervention that includes drainage of an abscess, resection of the diseased segment, and primary anastomosis, with or without diversion depending on risk factors for anastomotic leak Participates in team discussion for a patient who presents with post-operative fever after discharge; when repeat CT imaging demonstrates recurrent pelvic abscess amenable to interventional radiology drainage, participates in ordering interventional radiology drainage
Level 2 With direct supervision, performs examination, assessment and medical or surgical management With direct supervision, selects and completes the component steps for surgical management With direct supervision, anticipates, diagnoses, and manages complications and recurrences	 With the attending, discusses assessment and medical and surgical options for a 56-year-old patient who presents with left lower-quadrant abdominal pain and low-grade fever consistent with clinical diverticulitis and whose CT scan shows a six-centimeter pericolic abscess not amenable to percutaneous drainage Assists with operative intervention that includes drainage of an abscess, resection of the diseased segment, and primary anastomosis, with or without diversion depending on risk factors for anastomotic leak Assists in the assessment of a patient who presents with post-operative fever after discharge; after repeat CT imaging demonstrates recurrent pelvic abscess amenable to interventional radiology drainage, assists in ordering interventional radiology drainage
Level 3 With minimal guidance, formulates assessment and medical or surgical management With minimal guidance, selects and completes component steps of surgical management With minimal guidance, anticipates, diagnoses, and manages complications and recurrences	 After conferring with attending, assesses and discusses medical and surgical options for a 56-year-old patient presenting with left lower-quadrant abdominal pain and low-grade fever consistent with clinical diverticulitis and whose CT scan shows a six-centimeter pericolic abscess not amenable to percutaneous drainage With the attending's assistance, proceeds with an operative intervention that includes drainage of an abscess, resection of diseased segment, and primary anastomosis, with or without diversion depending on risk factors for anastomotic leak Assesses a patient who presents with post-operative fever following discharge; after repeat CT imaging demonstrates recurrent pelvic abscess amenable to interventional radiology drainage, informs the attending then orders interventional radiology drainage

Level 4 Independently assesses and formulates a plan for medical or surgical management	Assesses and discusses medical and surgical options for a 56-year-old patient who presents with left lower-quadrant abdominal pain and low-grade fever consistent with clinical diverticulitis, and whose CT scan shows a six-centimeter pericolic abscess not amenable to percutaneous drainage
Independently selects and completes	Proceeds with operative intervention that includes drainage of an abscess, resection of
component steps of surgical management	the diseased segment, and primary anastomosis, with or without diversion depending on risk factors for anastomotic leak
Independently anticipates, diagnoses, and	Assesses a patient who presents with post-operative fever following discharge; orders
manages complications and recurrences	interventional radiology drainage after repeat CT imaging demonstrates recurrent pelvic abscess amenable to interventional radiology drainage
Level 5 Demonstrates proficiency as a teaching assistant for surgical management	Serves as teaching assistant for complex surgical decision making and management
Assessment Models or Tools	Assessment of case-based presentation
	Direct observation
	Mock oral exam
Oversity drawn Managing	• OSCE
Curriculum Mapping	
Notes or Resources	Beck DE, Roberts PL, Saclarides TJ, et al. The ASCRS Textbook of Colon and Rectal Surgany Second Edition 2nd ed. Philadelphia, DA: Springer, 2011.
	Surgery: Second Edition. 2nd ed. Philadelphia, PA: Springer; 2011.
	 American Society of Colon and Rectal Surgerons (ASCRS). ColoRectal Educational Systems Template (CREST). https://fascrs.org/my-ascrs/education/crest 2020.
	ASCRS. Colon and Rectal Surgery Education Program (CARSEP). https://fascrs.org/my-
	ascrs/education/carsep 2020.

Patient Care 8: Benign Colon Disease (Lower Gastrointestinal (GI) Bleeding, Volvulus, Trauma, Foreign Body and Large Bowel Obstruction)	
Overall Intent: To diagnose, comprehensively r	
Milestones	Examples
Level 1 Assists in assessing and formulating a plan for medical or surgical management	Observes assessment and formulation of a medical or surgical plan for an 85-year-old patient with Parkinson's disease who presents with acute onset of abdominal pain and distention, whose imaging suggests sigmoid volvulus, and for whom an attempt at endoscopic detorsion fails
Assists in selecting and completing component steps for surgical or procedural management	Observes an attempt at endoscopic detorsion and sigmoid resection (with or without diversion)
Assists in establishing diagnoses, and managing treatment failure or surgical and procedural complications	Observes a patient who develops generalized abdominal pain with diffuse rebound tenderness two days after surgery; assists with establishing diagnosis and returns patient to operating room for resection of ischemic colonic segment
Level 2 With direct supervision, assesses and formulates a plan for medical or surgical management	 Assists in assessment and formulation of a medical or surgical plan for an 85-year-old patient with Parkinson's disease who presents with acute onset of abdominal pain and distention, whose imaging suggests sigmoid volvulus, and for whom an attempt at endoscopic detorsion fails
With direct supervision, selects and completes component steps for surgical or procedural management	Assists with attempt at endoscopic detorsion and sigmoid resection (with or without diversion) with attending surgeon supervision
With direct supervision, anticipates, diagnoses, and manages treatment failure or surgical and procedural complications	With attending surgeon supervision, observes a patient who develops generalized abdominal pain with diffuse rebound tenderness two days after surgery; assists with establishing diagnosis and returns patient to operating room for resection of ischemic colonic segment
Level 3 With minimal guidance, assesses and formulates a plan for medical or surgical management	After conferring with the attending, assesses and formulates a surgical plan for an 85-year-old patient with Parkinson's disease who presents with acute onset of abdominal pain and distention, whose imaging suggests sigmoid volvulus, and for whom an attempt at endoscopic detorsion fails
With minimal guidance, selects and completes component steps for surgical or procedural management	With attending assistance, attempts endoscopic detorsion and sigmoid resection (with or without diversion)

With minimal guidance, anticipates, diagnoses, and manages treatment failure or surgical and procedural complications Level 4 Independently assesses and formulates	 After conferring with the attending, observes a patient who develops generalized abdominal pain with diffuse rebound tenderness two days after surgery; establishes diagnosis and returns patient to operating room for resection of ischemic colonic segment Assesses and formulates a surgical plan for an 85-year-old patient with Parkinson's
a plan for medical or surgical management	disease who presents with acute onset of abdominal pain and distention, whose imaging suggests sigmoid volvulus, and for whom an attempt at endoscopic detorsion fails
Independently selects and completes component steps for surgical or procedural management	Proceeds with sigmoid resection (with or without diversion)
Independently anticipates, diagnoses, and manages treatment failure or surgical and procedural complications	 Observes a patient who develops generalized abdominal pain with diffuse rebound tenderness two days after surgery; establishes diagnosis and returns patient to operating room for resection of ischemic colonic segment
Level 5 Demonstrates proficiency as a teaching assistant in guiding learners in assesses and formulates a plan for medical or surgical management	Guides junior resident with history, physical exam, and imaging for patient with sigmoid volvulus
Demonstrates proficiency as a teaching assistant to guide learners in selecting and completing component steps for surgical or procedural management	Serves as teaching assistant for junior resident for endoscopic detorsion and for sigmoid resection (with or without diversion) for sigmoid volvulus
Demonstrates proficiency as a teaching assistant in guiding learners in anticipating, diagnosing, and managing treatment failure or surgical and procedural complications	Guides junior resident through assessment of patient with postoperative rebound tenderness and serves as teaching assistant for operative resection of ischemic colon segment
Assessment Models or Tools	 Assessment of case-based presentation Direct observation Mock oral exam OSCE
Curriculum Mapping	•
Notes or Resources	Beck DE, Roberts PL, Saclarides TJ, et al. <i>The ASCRS Textbook of Colon and Rectal Surgery: Second Edition.</i> 2nd ed. Philadelphia, PA: Springer; 2011.

American Society of Colon and Rectal Surgerons (ASCRS). ColoRectal Educational
Systems Template (CREST). https://fascrs.org/my-ascrs/education/crest 2020.
• ASCRS. Colon and Rectal Surgery Education Program (CARSEP). https://fascrs.org/my-
ascrs/education/carsep 2020.

Patient Care 9: Pelvic Floor Disorders Overall Intent: To diagnose, comprehensively manage, and treat pelvic floor disorders	
Milestones	Examples
Level 1 Participates in formulating a differential diagnosis and development of multidisciplinary medical or surgical management plan	 Participates in formulating differential diagnosis and multidisciplinary plan for a 45-year- old patient presenting with outlet-type constipation requiring digitation maneuvers and whose physical exam reveals rectocele, and whose defecography confirms rectocele that does not empty
Assists in performing various surgical procedures and interventions	Observes and assists with multidisciplinary repair of rectocele in conjunction with cystocele repair by urogynecologist
Assists in the process of diagnosing, and managing complications	Observes incision and drainage of perineal abscess under anesthesia for a patient who presents seven days after surgery of pelvic floor disorder
Level 2 With direct supervision, formulates a differential diagnosis and multidisciplinary medical or surgical management plan	 With supervision by attending surgeon, formulates a differential diagnosis for a 45-year- old patient presenting with outlet-type constipation requiring digitation maneuvers and whose physical exam reveals rectocele; orders defecography to confirm rectocele does not empty
With direct supervision, performs various surgical procedures and interventions	Performs multidisciplinary repair of rectocele with attending surgeon assistance in conjunction with cystocele repair by urogynecologist
With direct supervision, anticipates, diagnoses, and manages complications	 Assists with incision and drainage of perineal abscess under anesthesia for a patient who presents seven days after surgery of pelvic floor disorder
Level 3 With minimal guidance, formulates a differential diagnosis and multidisciplinary medical or surgical management plan	 After confirming with attending surgeon, formulates a differential diagnosis for a 45-year- old patient presenting with outlet-type constipation requiring digitation maneuvers and whose physical exam reveals rectocele; orders defecography to confirm rectocele does not empty
With minimal guidance, performs various surgical procedures and interventions	With the attending's assistance, performs multidisciplinary repair of rectocele in conjunction with cystocele repair by urogynecologist
With minimal guidance, anticipates, diagnoses, and manages complications	After conferring with attending, performs incision and drainage of perineal abscess under anesthesia for a patient who presents seven days after surgery of pelvic floor disorder

Level 4 Independently formulates a differential diagnosis and multidisciplinary medical or surgical management plan	• Formulates a differential diagnosis for a 45-year-old patient presenting with outlet-type constipation requiring digitation maneuvers and whose physical exam reveals rectocele, orders defecography to confirm rectocele does not empty
Independently performs various surgical procedures and interventions	Performs multidisciplinary repair of rectocele in conjunction with cystocele repair by urogynecologist
Independently anticipates, diagnoses, and manages complications	Performs incision and drainage of perineal abscess under anesthesia for a patient who presents seven days after surgery of pelvic floor disorder
Level 5 Demonstrates proficiency as a teaching assistant in formulating a differential diagnosis and development of multidisciplinary medical or surgical management plan	Guides junior resident formulating differential diagnosis and multidisciplinary medical and surgical plan for patient with pelvic floor dysfunction presenting as outlet-type constipation
Demonstrates proficiency as a teaching assistant in performing various surgical procedures and interventions	Serves as teaching assistant for junior resident for rectocele repair with cystocele repair by urogynecologist
Demonstrates proficiency as a teaching assistant in guiding trainee in diagnosing, and managing complications	Serves as teaching assistant for junior resident identifying perineal abscess as a complication and drainage under anesthesia
Assessment Models or Tools	 Assessment of case-based presentation Direct observation Mock oral exam OSCE
Curriculum Mapping	
Notes or Resources	 Beck DE, Roberts PL, Saclarides TJ, et al. The ASCRS Textbook of Colon and Rectal Surgery: Second Edition. 2nd ed. Philadelphia, PA: Springer; 2011. American Society of Colon and Rectal Surgerons (ASCRS). ColoRectal Educational Systems Template (CREST). https://fascrs.org/my-ascrs/education/crest 2020. ASCRS. Colon and Rectal Surgery Education Program (CARSEP). https://fascrs.org/my-ascrs/education/carsep 2020.

Patient Care 10: Rectal Prolapse Overall Intent: To diagnose, comprehensively manage, and treat rectal prolapse	
Milestones	Evenne
Level 1 Participates in formulating a differential	Examples ■ Observes and participates in development of differential diagnosis and multidisciplinary
diagnosis and development of multidisciplinary medical or surgical management plan	plan for a 90-year-old woman who presents with incarcerated full thickness rectal prolapse and multiple comorbidities
Assists in performing various surgical procedures and interventions	Observes and assists with urgent perineal proctectomy
Assists in the process of diagnosing, and managing complications	Observes and assists with the management a patient who developed a fever five days after surgery; the patient is returned to the operating suite for drainage of a low pelvic para-anastomotic abscess through a two-centimeter anastomotic defect
Level 2 With direct supervision, formulates a differential diagnosis and multidisciplinary medical or surgical management plan	 With supervision, develops a differential diagnosis and multidisciplinary plan for a 90-year- old woman who presents with incarcerated full thickness rectal prolapse and multiple comorbidities
With direct supervision performs various surgical procedures and interventions	Performs parts of the urgent perineal proctectomy with attending surgeon assistance
With direct supervision anticipates, diagnoses, and manages complications	With supervision, manages a patient who developed a fever five days after surgery by returning to the operating suite to drain a low pelvic para-anastomotic abscess through a two-centimeter anastomotic defect
Level 3 With minimal guidance, formulates a differential diagnosis and multidisciplinary medical or surgical management plan	After conferring with the attending, develops a differential diagnosis and multidisciplinary plan for a 90-year-old woman who presents with incarcerated full thickness rectal prolapse and multiple comorbidities
With minimal guidance, performs various surgical procedures and interventions	Performs urgent perineal proctectomy with attending surgeon assistance
With minimal guidance, anticipates, diagnoses, and manages complications	 After conferring with the attending, manages a patient who developed a fever five days after surgery by returning to the operating suite to drain a low pelvic para-anastomotic abscess through a two-centimeter anastomotic defect
Level 4 Independently formulates a differential diagnosis and multidisciplinary medical or surgical management plan	Develops a differential diagnosis and multidisciplinary plan for a 90-year-old woman who presents with incarcerated full thickness rectal prolapse and multiple comorbidities

Independently performs various surgical procedures and interventions	Performs urgent perineal proctectomy
Independently anticipates, diagnoses, and manages complications	 Manages a patient who developed a fever five days after surgery by returning to the operating suite to drain a low pelvic para-anastomotic abscess through a two-centimeter anastomotic defect
Level 5 Demonstrates proficiency as a teaching assistant in formulating a differential diagnosis and development of multidisciplinary medical or surgical management plan	 Guides general surgery resident through diagnosis and management plan of a 90-year- old woman with multiple comorbidities presenting with incarcerated full thickness rectal prolapse
Demonstrates proficiency as a teaching assistant in performing various surgical procedures and interventions	Guides general surgery resident through urgent perineal proctectomy
Demonstrates proficiency as a teaching assistant in guiding learners in diagnosing and managing complications	 Serves as a teaching assistant for drainage of low pelvic para-anastomotic abscess through two-centimeter anastomotic defect
Assessment Models or Tools	 Assessment of case-based presentation Direct observation Mock oral exam OSCE
Curriculum Mapping	
Notes or Resources	 Beck DE, Roberts PL, Saclarides TJ, et al. <i>The ASCRS Textbook of Colon and Rectal Surgery: Second Edition.</i> 2nd ed. Philadelphia, PA: Springer; 2011. American Society of Colon and Rectal Surgerons (ASCRS). ColoRectal Educational Systems Template (CREST). https://fascrs.org/my-ascrs/education/crest 2020. ASCRS. Colon and Rectal Surgery Education Program (CARSEP). https://fascrs.org/my-ascrs/education/carsep 2020.

Overall Intent: To diagnose, comprehensively manage, and treat fecal incontinence	
Milestones	Examples
Level 1 Participates in formulating a differential diagnosis and development of multidisciplinary medical or surgical management plan	Observes attending work-up a 75-year-old patient who presents with daily incontinence to formed stool; the work-up includes complete bowel diary, medical assessment, ultrasound confirming an intact sphincter, and no associated urinary incontinence; observes the attending recommend sacral nerve stimulator after the patient declines biofeedback
Assists in performing surgical procedures and interventions	Assists in surgery for a patient undergoing successful stage 1 and stage 2 sacral nerve stimulator placement
Assists in the process of diagnosing, and managing complications	Observes the attending's management of a patient with a sacral nerve stimulator who returns after six months with increased frequency of incontinence; observes the attending interrogate the device and diagnose a lead fracture, returning the patient to the operating room for lead revision
Level 2 With direct supervision, formulates a differential diagnosis and multidisciplinary medical or surgical management plan	With direct supervision, assesses a 75-year-old patient who presents with daily incontinence to formed stool; the work-up includes complete bowel diary, medical assessment, an ultrasound confirming an intact sphincter, and associated urinary incontinence; recommends sacral nerve stimulator after the patient declines biofeedback
With direct supervision, performs surgical procedures and interventions	Performs a successful stage 1 and stage 2 sacral nerve stimulator placement with assistance
With direct supervision, anticipates, diagnoses, and manages complications	With direct supervision, manages a patient with a sacral nerve stimulator who returns after six months with increased frequency of incontinence; interrogates the device and diagnoses a lead fracture; returns the patient to the operating room for lead revision
Level 3 With minimal guidance, formulates a differential diagnosis and multidisciplinary medical or surgical management plan	After confirming with attending, assesses a 75-year-old patient who presents with daily incontinence to formed stool; the work-up includes complete bowel diary, medical assessment, an ultrasound confirming an intact sphincter, and no associated urinary incontinence; recommends sacral nerve stimulator after patient declines biofeedback
With minimal guidance, performs surgical procedures and interventions	Performs successful stage 1 and stage 2 sacral nerve stimulator placement, with supervision

With minimal guidance, anticipates, diagnoses, and manages complications	 After confirming with attending, manages a patient with a sacral nerve stimulator who returns after six months with increased frequency of incontinence; interrogates the device and diagnoses a lead fracture; returns the patient to the operating room for lead revision
Level 4 Independently formulates a differential diagnosis and multidisciplinary medical or surgical management plan	 Assesses a 75-year-old patient who presents with daily incontinence to formed stool; work-up includes complete bowel diary, medical assessment, ultrasound confirming an intact sphincter, and no associated urinary incontinence; recommends sacral nerve stimulator after patient declines biofeedback
Independently performs surgical procedures and interventions	Performs successful stage 1 and stage 2 sacral nerve stimulator placement
Independently anticipates, diagnoses, and manages complications	 Manages a patient with a sacral nerve stimulator who returns after six months with increased frequency of incontinence; interrogates the device and diagnoses a lead fracture; return the patient to the operating room for lead revision
Level 5 Demonstrates proficiency as a teaching assistant in guiding learners in formulating a differential diagnosis and development of multidisciplinary medical or surgical management plan	 Guides junior resident through work-up of 75-year-old female with daily incontinence to formed stool; guides junior resident to obtain complete bowel diary, medical assessment, an ultrasound confirming an intact sphincter; and no associated urinary incontinence; guides junior resident to recommend sacral nerve stimulator after patient declines biofeedback
Demonstrates proficiency as a teaching assistant in performing surgical procedures and interventions	Guides general surgery resident through a successful stage 1 and stage 2 sacral nerve stimulator placement
Demonstrates proficiency as a teaching assistant in guiding learners in diagnosing and managing complications	Is a proficient teaching assistant for assessing and identifying problems with devices
Assessment Models or Tools	 Case-based presentation Direct observation Multisource feedback OSCE
Curriculum Mapping	
Notes or Resources	 Beck DE, Roberts PL, Saclarides TJ, et al. The ASCRS Textbook of Colon and Rectal Surgery: Second Edition. 2nd ed. Philadelphia, PA: Springer; 2011. American Society of Colon and Rectal Surgerons (ASCRS). ColoRectal Educational Systems Template (CREST). https://fascrs.org/my-ascrs/education/crest 2020.

• ASCRS. Colon and Rectal Surgery Education Program (CARSEP). https://fascrs.org/my-ascrs/education/carsep 2020.

Patient Care 12: Endoscopy (Flexible Sigmoidoscopy and Colonoscopy) Overall Intent: To formulate the indications, recommendations, and performance of diagnostic and therapeutic endoscopy **Milestones Examples** Level 1 Participates in formulating indications • Observes the attending assess a 51-year-old patient who presents with symptomatic hemorrhoids while on blood thinners; observes the attending recommend a colonoscopy and performs risk stratification and blood thinner use cessation after consulting the patient's primary care physician • Assists in performing colonoscopy with successful intubation of cecum and ileocecal Participates in diagnostic and therapeutic lower valve; the colonoscope is withdrawn appropriately and relevant anatomic landmarks are endoscopy photographed Participates in diagnosing, and managing • Observes the attending manage a patient who returns to the emergency room 12 hours after colonoscopy complaining of severe right lower-quadrant pain; at the attending's complications behest, orders a CT scan that demonstrates contained retroperitoneal air; at the attending's instruction, resident admits patient for antibiotics, IV fluids, and serial abdominal examinations Level 2 With direct supervision, identifies • With direct supervision, assesses a 51-year-old patient who presents with symptomatic indications and performs risk stratification hemorrhoids while on blood thinners; recommends a colonoscopy and blood thinner use cessation after consulting the patient's primary care physician With direct assistance, completes diagnostic Performs colonoscopy but requires attending assistance for intubation of cecum and and therapeutic lower endoscopy ileocecal valve; withdraws colonoscopy appropriately and photographs relevant anatomic landmarks Independently anticipates, diagnoses, and • With direct supervision, manages a patient who returns to the emergency room 12 hours manages complications after a colonoscopy complaining of severe right lower-quadrant pain; orders CT scan that demonstrates contained retroperitoneal air, and admits patient for antibiotics, IV fluids, and serial abdominal examinations • After conferring with the attending, assesses a 51-year-old patient who presents with Level 3 With minimal guidance, identifies symptomatic hemorrhoids while on blood thinners; recommends blood thinner use indications and performs risk stratification cessation and a colonoscopy after consulting the patient's primary care physician • With guidance, performs colonoscopy with successful intubation of cecum and ileocecal With minimal assistance, completes diagnostic valve; withdraws colonoscope appropriately and photographs relevant anatomic and therapeutic lower endoscopy landmarks

With minimal assistance, anticipates, diagnoses, and manages complications	 After conferring with attending, manages a patient who returns to the emergency room 12 hours after a colonoscopy complaining of severe right lower-quadrant pain; orders CT scan that demonstrates contained retroperitoneal air; and admits patient for antibiotics, IV fluids, and serial abdominal examinations
Level 4 Independently identifies indications and performs risk stratification	 Assesses a 51-year-old patient who presents with symptomatic hemorrhoids while on blood thinners. After consulting the patient's primary care physician, recommends blood thinner use cessation and a colonoscopy
Independently completes diagnostic and therapeutic lower endoscopy	Performs colonoscopy with successful intubation of cecum and ileocecal valve; withdraws colonoscope appropriately and photographs relevant anatomic landmarks
Independently anticipates, diagnoses, and manages complications	Manages a patient who returns to the emergency room 12 hours after a colonoscopy complaining of severe right lower-quadrant pain; orders CT scan that demonstrates contained retroperitoneal air; and admits patient for antibiotics, IV fluids, and serial abdominal examinations
Level 5 Demonstrates proficiency as a teaching assistant in guiding learners in completing diagnostic and therapeutic lower endoscopy	Guides junior resident through a colonoscopy with successful intubation of cecum and ileocecal valve
Assessment Models or Tools	 Case-based presentation Direct observation Multisource feedback OSCE
Curriculum Mapping	
Notes or Resources	 Beck DE, Roberts PL, Saclarides TJ, et al. <i>The ASCRS Textbook of Colon and Rectal Surgery: Second Edition</i>. 2nd ed. Philadelphia, PA: Springer; 2011. American Society of Colon and Rectal Surgerons (ASCRS). ColoRectal Educational Systems Template (CREST). https://fascrs.org/my-ascrs/education/crest 2020. ASCRS. Colon and Rectal Surgery Education Program (CARSEP). https://fascrs.org/my-ascrs/education/carsep 2020.

Patient Care 13: Crohn's Disease Overall Intent: To diagnose, comprehensively manage, and treat Crohn's Disease		
Milestones	Examples	
Level 1 Participates with development of a multidisciplinary medical or surgical management plan	Observes attending: assess a 36-year-old patient with known terminal ileal Crohn's who presents with a second episode of bowel obstruction; order a CT scan that demonstrates terminal ileal stricture with evidence of acute and chronic inflammation; admit patient and obtain gastroenterology (GI) consult and recommend to steroids; and recommend patient to undergo ileocolic resection when patient does not improve	
Assists with selection and completion of component steps of operations	Observes and assists in an ileocolic resection with primary anastomosis	
Assists with diagnoses and management of complications	Observes attending: manage the patient who develops hypotension, abdominal pain, and fever six days after surgery; take patient back to the operating room for repair after a CT scan demonstrates a anastomotic leak; and	
Level 2 With direct supervision, formulates a differential diagnosis and multidisciplinary medical or surgical management plan	With direct supervision, assesses a 36-year-old patient with known terminal ileal Crohn's who presents with a second episode of bowel obstruction; orders a CT scan that demonstrates terminal ileal stricture with evidence of acute and chronic inflammation; admits patient and works with GI consult who recommends steroids; and recommends a ileocolic resection when the patient does not improve	
With direct supervision, selects and completes component steps of operations	Performs some parts of an ileocolic resection with primary anastomosis	
With direct supervision, anticipates, makes diagnoses, and proficiently manages complications	With direct supervision, manages the patient who develops hypotension, abdominal pain, and fever six days after surgery; takes the patient back to the operating room for repair when a CT scan demonstrates an anastomotic leak	
Level 3 With minimal guidance, formulates a differential diagnosis and multidisciplinary medical or surgical management plan	 After conferring with attending, assesses a 36-year-old patient with known terminal ileal Crohn's who presents with a second episode of bowel obstruction; admits patient after a CT scan demonstrates terminal ileal stricture with evidence of acute and chronic inflammation; receives GI consult who recommends steroids; and recommends ileocolic resection when patient does not improve 	
With minimal guidance, selects and completes component steps of operations	Performs ileocolic resection with primary anastomosis with attending assistance	

With minimal guidance, anticipates, makes diagnoses, and proficiently manages complications	 After conferring with attending, manages the patient who develops hypotension, abdominal pain, and fever six days after surgery; orders CT scan that demonstrates anastomotic leak; and with attending assistance, takes patient back to the operating room for repair
Level 4 Independently formulates a differential diagnosis and multidisciplinary medical or surgical management plan	 Assesses a 36-year-old patient with known terminal ileal Crohn's who presents with a second episode of bowel obstruction; after a CT scan demonstrates terminal ileal stricture with evidence of acute and chronic inflammation, admits the patient and receives GI consult who recommends steroids; recommends ileocolic resection when patient does not improve
Independently selects and completes component steps of operations	Performs an ileocolic resection with primary anastomosis
Independently anticipates, makes diagnoses, and proficiently manages complications	 Manages patient who develops hypotension, abdominal pain, and fever six days after surgery; takes patient back to operating room for repair after a CT scan demonstrates an anastomotic leak
Level 5 Demonstrates proficiency as a teaching assistant for operations	Guides general surgery resident through an ileocolic resection with primary anastomosis performed
Assessment Models or Tools	 Case-based presentation Direct observation Multisource feedback OSCE
Curriculum Mapping	•
Notes or Resources	 Beck DE, Roberts PL, Saclarides TJ, et al. <i>The ASCRS Textbook of Colon and Rectal Surgery: Second Edition.</i> 2nd ed. Philadelphia, PA: Springer; 2011. American Society of Colon and Rectal Surgerons (ASCRS). ColoRectal Educational Systems Template (CREST). https://fascrs.org/my-ascrs/education/crest 2020. ASCRS. Colon and Rectal Surgery Education Program (CARSEP). https://fascrs.org/my-ascrs/education/carsep 2020.

Medical Knowledge 1: Anatomy, Pathophysiology, and Treatment Overall Intent: To demonstrate progressive knowledge of pathophysiology and treatment of surgical conditions		
Milestones	Examples	
Level 1 Demonstrates knowledge of pathophysiology and treatments of patients with common colorectal conditions	Demonstrates knowledge of pathophysiology and treatment of patients with: o diverticular disease o fissure	
Identifies normal colorectal anatomy	 hemorrhoids Identifies the dentate line 	
Level 2 Demonstrates knowledge of pathophysiology and treatments of patients with complex colorectal conditions	Demonstrates knowledge of pathophysiology and treatment of patients with:	
Identifies variations in colorectal anatomy	 Identifies intersphincteric groove for a sphincterotomy Identifies the plane between the left and right colonic mesentery and the retroperitoneum 	
Level 3 Demonstrates knowledge of the impact of patient factors on pathophysiology and the treatment of patients with colorectal conditions	 Demonstrates knowledge of the impact of the following patient factors on the pathophysiology and treatment of surgical conditions: constipation immunosuppression obesity 	
Identifies normal anatomy during routine colorectal operations	 Identifies the total mesorectal excision (TME) plane Identifies vascular and lymphatic supply of the rectum Identifies the ureter 	
Level 4 Demonstrates comprehensive knowledge of the varying patterns of disease presentation and alternative and adjuvant treatments of patients with colorectal conditions	Demonstrates knowledge of the pathophysiology and treatment of:	
Identifies variations in anatomy during complex colorectal operations	 Identifies altered ureteral course due to complex diverticulitis Identifies ileo-colonic fistula from Crohn's disease 	
Level 5 Teaches varying patterns of disease presentation, and alternative and adjuvant treatments of patients with colorectal conditions	 Publishes retrospective series Designs clinical trial Contributes patients to clinical trials Develops electronic educational module 	
Assessment Models or Tools	Direct observation End-of-rotation evaluation In-training examination (CARSITE)	

	 Mock orals Multisource feedback OSCE
Curriculum Mapping	
Notes or Resources	 Beck DE, Roberts PL, Saclarides TJ, et al. <i>The ASCRS Textbook of Colon and Rectal Surgery: Second Edition.</i> 2nd ed. Philadelphia, PA: Springer; 2011. American Society of Colon and Rectal Surgerons (ASCRS). ColoRectal Educational Systems Template (CREST). https://fascrs.org/my-ascrs/education/crest 2020. ASCRS. Colon and Rectal Surgery Education Program (CARSEP). https://fascrs.org/my-ascrs/education/carsep 2020.

Medical Knowledge 2: Critical Thinking for Diagnosis and Therapy Overall Intent: To demonstrate the ability to engage in critical thinking for the comprehensive diagnosis and management of patients **Examples Milestones** Level 1 Lists a differential diagnosis for common • When a 21-year-old male complains of abdominal distension, articulates possible diagnoses including constipation and irritable bowel syndrome (IBS) clinical presentations Lists therapeutic options for common clinical • Lists treatment options for above clinical presentations presentations Level 2 Provides a comprehensive differential • When a 21-year-old male complains of abdominal distension, articulates a broad diagnosis for a wide range of clinical differential diagnosis including colonic inertia, pelvic outlet disorder, IBS, and presentations Hirschsprung disease Explains advantages and drawbacks of standard • Articulates the advantages of initial fiber and laxative trial compared to colonic resection therapeutic options for colonic inertia Level 3 Provides a focused differential • Identifies pelvic outlet obstruction and Hirschsprung disease as part of the differential diagnosis based on individual patient diagnoses in a 21-year-old male complaining of abdominal distension, constipation since birth, and failure to pass meconium in the first 48 hours who had a contrast enema that presentation revealed an enlarged sigmoid with a reduced caliber rectum. Justifies optimal therapeutic option based on • Discusses the benefits and risks of anorectal manometry compared to full-thickness rectal individual patient presentation biopsy to diagnose Hirschsprung disease • Diagnoses Hirschsprung disease in a 21-year-old male complaining of abdominal Level 4 Interprets anomalous presentations and distension, constipation since birth, and failure to pass meconium in the first 48 hours, rare disorders who had a contrast enema that revealed an enlarged sigmoid with a reduced caliber rectum • Discusses the surgical options of Hirschsprung disease including Duhamel pouch, Adapts therapeutic choice to anomalous or rare patient presentations Swenson, and Soave procedures Level 5 Studies and reports challenging • Completes a case report for an adult diagnosed with Hirschsprung disease diagnostic presentations Creates new or modifies existing therapeutic Modifies a Swenson procedure as a coloanal anastomosis for an adult Hirschsprung options patient Assessment Models or Tools Direct observation • E-learning module with assessment

• Medical record (chart) audit

	Morbidity and mortality conference (M and M)
	Portfolio
	Reflection
	Simulation
Curriculum Mapping	
Notes or Resources	Beck DE, Roberts PL, Saclarides TJ, et al. The ASCRS Textbook of Colon and Rectal
	Surgery: Second Edition. 2nd ed. Philadelphia, PA: Springer; 2011.
	American Society of Colon and Rectal Surgerons (ASCRS). ColoRectal Educational
	Systems Template (CREST). https://fascrs.org/my-ascrs/education/crest 2020.
	 ASCRS. Colon and Rectal Surgery Education Program (CARSEP). https://fascrs.org/my-
	ascrs/education/carsep 2020.

Systems-Based	Practice 1: Patient Safety and Quality Improvement (QI)
Overall Intent: To engage in the analysis and n	nanagement of patient safety events, including relevant communication with patients,
families, and health care professionals; to cond Milestones	
	Examples (Control of the Control of
Level 1 Demonstrates knowledge of common patient safety events	Demonstrates basic knowledge of patient safety events, reporting pathways, and QI strategies, but has not yet participated in such activities
Demonstrates knowledge of how to report patient safety events	
Demonstrates knowledge of basic quality improvement methodologies and metrics	
Level 2 Identifies system factors that lead to patient safety events	Identifies and reports a patient safety issue (real or simulated), along with system factors contributing to that issue
Reports patient safety events through institutional reporting systems (simulated or actual)	Names improvement initiatives within the institution
Describes local quality improvement initiatives (e.g., infection rate, hand hygiene, opioid use)	
Level 3 Participates in analysis of patient safety events (simulated or actual)	Reviews a patient safety event and prepares for M and M presentations or by joins a root cause analysis group
Participates in disclosure of patient safety events to patients and families (simulated or actual)	Participates in discussions with patients and/or families about a patient safety event including appropriate disclosure
Participates in local quality improvement initiatives	Participates in a QI project
Level 4 Conducts analysis of patient safety events and offers error prevention strategies (simulated or actual)	Collaborates with a team to lead the analysis of a patient safety event
Discloses patient safety events to patients and families (simulated or actual)	Communicates with patients/families about those events in actual or simulated situations

Demonstrates the skills required to identify, develop, implement, and analyze a quality improvement project	Designs and initiates a QI project
Level 5 Actively engages teams and processes to modify systems to prevent patient safety events	 Assumes a leadership role at the departmental or institutional level for patient safety and/or QI initiatives Initiate action or calls attention to the need for action regarding QI or a patient safety event
Mentors others in the disclosure of patient safety events	
Creates, implements, and assesses quality improvement initiatives at the institutional or community level	
Assessment Models or Tools	 Direct observation E-learning module with assessment Medical record (chart) audit M and M Portfolio Reflection Simulation
Curriculum Mapping	
Notes or Resources	 Institute of Healthcare Improvement website and modules (http://www.ihi.org/Pages/default.aspx) which includes multiple choice tests, reflective writing samples, and more ACS Quality In-Training Initiative (QITI) program https://qiti.acsnsqip.org/qiti/

Systems-Based	Practice 2: System Navigation for Patient-Centered Care
	h care system, including the interdisciplinary team and other care providers; to adapt care to
a specific patient population to ensure high-qual	
Milestones	Examples
Level 1 Demonstrates knowledge of care coordination	Identifies the members of the interprofessional team and describes their roles
Performs safe and effective transitions of care/hand-offs in routine clinical situations	Lists the essential components of an effective hand-off of care Identifies components of accid determinants of health and how they impact the delivery of
care/nand-ons in routine clinical situations	 Identifies components of social determinants of health and how they impact the delivery of patient care
Level 2 Coordinates multidisciplinary care of patients in routine clinical situations (e.g., dressing change)	Contacts interprofessional team members, such as social workers and consultants, but requires supervision to ensure all necessary referrals are made and resource needs are arranged
Performs safe and effective transitions of care/hand-offs in complex clinical situations	 Manages hand-offs for intensive care unit (ICU) patients using a systems approach Knows which patients are at high risk for poor health outcomes due to health literacy concerns, cost, language barrier, etc.
Level 3 Coordinates and/or leads multidisciplinary care of patients in complex clinical situations (e.g., home parenteral nutrition, postoperative intravenous feeding, intensive care unit)	For an advanced cancer patient, arranges for a nutritionist, occupational therapy/physical therapy, and follow-up appointments
Supervises safe and effective transitions of care/hand-offs	Initiates the transfer of a patient from ICU to the surgical ward
Level 4 Coordinates care of patients with barriers to health care access (e.g., trauma patient with no access to care) or other disparities in care	Directs care of a homeless person with rectal cancer including coordination with oncology and radiation oncology
Resolves conflicts in transitions of care between teams	 Proactively calls the primary care provider for a patient with multiple comorbidities to ensure a discharged patient can get appropriate follow-up and treatment Resolves conflicts between teams for operative prioritization in a patient with multiple comorbidities
Level 5 Leads in the design and implementation of improvements to care coordination	 Takes a leadership role in designing and implementing changes to improve the care coordination process Creates innovative hand-off tools

Leads in the design and implementation of improvements to transitions of care	Designs a social determinants of health curriculum to help others learn to identify local resources and barriers to care; effectively uses resources, such as telehealth, for proactive outreach to prevent emergency department visits or re-admission for high-risk populations
Assessment Models or Tools	 Direct observation Multisource feedback Review of hand-off tools, use of checklists between units, from the operating room to peri- /post-operative care, or from the emergency department to an inpatient unit
Curriculum Mapping	
Notes or Resources	 Agency for Healthcare Research and Quality. https://www.ahrq.gov/ TeamSTEPPS/I PASS

Systems-Bas	sed Practice 3: Physician Role in Health Care Systems
Overall Intent: To understand the surgeon's rol	le in the complex health care system and how to optimize the system to improve patient care
and the health system's performance Milestones	Evemples
Level 1 Describes basic health payment systems, including government, private, public, and uninsured care, as well as different practice models	Examples ■ Describes payment systems, such as Medicare, Medicaid, the Veterans Affairs (VA), and commercial third-party payers, and practice models (e.g., patient-centered medical home, Accountable Care Organization)
Describes the key components of documentation for billing and coding	Describes elements necessary for appropriate coding in compliance with regulations
Level 2 Describes how working within the health care system impacts patient care	 Understands how improving patient satisfaction improves patient adherence and remuneration to the health system Applies knowledge of health plan features, including formularies and network requirements, in patient care situations
Documents the key components required for billing and coding	Completes a note following a routine patient encounter with appropriate coding and billing elements in compliance with regulations
Level 3 Analyzes how personal practice affects the system (e.g., length of stay, readmission rates, clinical efficiency) Describes basic elements needed to transition	Understands, accesses, and analyzes individual performance data; relevant data may include:
to practice (e.g., contract negotiations, malpractice insurance, government regulation, compliance)	
Level 4 Uses shared decision making in patient care, taking into consideration costs to the patient	 Works collaboratively with patients to choose ileal pouch-anal anastomosis versus end ileostomy in ulcerative colitis patients, taking into account patient choice, lifestyle, and quality of life Works collaboratively with patients to choose surgery versus medical management of irritable bowel disease
Identifies resources and effectively plans for transition to practice (e.g., information technology, legal, billing and coding, financial, personnel)	Applies knowledge of contract negotiations when searching for a job

Level 5 Advocates or leads change to enhance systems for high-value, efficient, and effective patient care	Develops processes to decrease opioid prescribing for one or more clinical services
Participates in advocacy activities for health policy	 Works with community or professional organizations to advocate for colorectal cancer screening Participates in initiatives for underserved populations
Assessment Models or Tools	 Direct observation Medical record (chart) audit Multiple choice test Multisource feedback Quality Improvement project
Curriculum Mapping	•
Notes or Resources	 Agency for Healthcare Research and Quality. The Challenges of Measuring Physician Quality. https://www.ahrq.gov/professionals/quality. Major physician performance sets. https://www.ahrq.gov/professionals/quality-patient-safety/talkingquality/create/physician/measurementsets.html 2018. The Kaiser Family Foundation. Topics include health reform, health costs, Medicare, Medicare, private insurance, uninsured: www.kff.org and http://kff.org/health-reform/ 2019. The National Academy for Medicine, Dzau VJ, McClellan M, Burke S, et al. Vital directions for health and health care: priorities from a National Academy of Medicine Initiative. https://nam.edu/vital-directions-for-health-health-care-priorities-from-a-national-academy-of-medicine-initiative/ March 21, 2017. The National Academy for Medicine (formerly the Institute of Medicine). Vital directions for health and health care: a policy initiative of the National Academy for Medicine. https://nam.edu/initiatives/vital-directions-for-health-and-health-care/ 2018. The Commonwealth Fund. Health system data center. 2017. http://datacenter.commonwealthfund.org/? ga=2.110888517.1505146611.1495417431- http://www.commonwealthfund.org/ ga=2.110888517.1505146611.1495417431- http://www.commonwealthfund.org/interactives-and-data/health-reform-resource-ce

Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice Overall Intent: To incorporate evidence and patient values into clinical practice	
Milestones	Examples
Level 1 Demonstrates how to access and use available evidence, and incorporate patient preferences and values into the care of patients with routine conditions	Performs a literature review of non-operative management of diverticulitis for a patient who does not desire an operation
Level 2 Articulates clinical questions and elicits patient preferences and values in order to guide evidence-based care	Performs a targeted literature review of outcomes for different treatment approaches for a patient with Hinchey class 3 diverticulitis voices a preference against an ostomy
Level 3 Locates and applies the best available evidence, integrated with patient preference, to the care of patients with complex conditions	 Performs a literature review of neoadjuvant management of rectal cancer for a patient with stage II-III disease Applies evidence-based clinical guidelines to consider standard neoadjuvant chemoradiation, induction neoadjuvant chemoradiation, or consolidation neoadjuvant chemoradiation
Level 4 Critically appraises and applies evidence, even in the face of uncertain and/or conflicting evidence, to guide care, tailored to the individual patient	 Presents a series of research articles on the controversial topic of steroid use in the management of sepsis Presents a review of available evidence to the tumor board to discuss the modality of endoscopic mucosal resection and endoscopic submucosal resection in a patient with a malignant colorectal polyp
Level 5 Coaches others to critically appraise and apply evidence for patients with complex conditions; and/or participates in the development of guidelines	Presents a review of available evidence to hospital guidelines committee to advocate for the use of thromboelastogram in the management of lower gastrointestinal bleed
Assessment Models or Tools	 Direct observation E-learning module with assessment Multisource feedback M and M conference Portfolio Reflection
Curriculum Mapping	•
Notes or Resources	 The ABIM Foundation. Choosing Wisely. http://www.choosingwisely.org/ 2019.

 Johns Hopkins University Guided Care. Comprehensive primary care for complex patients. http://www.guidedcare.org/module-listing.asp American College of Physicians. High value care. https://hvc.acponline.org/ Costs of Care https://www.costsofcare.org/ Dartmouth-Hitchcock. Center for shared decision making.
https://med.dartmouth.hitchcock.org/csdm_toolkits.html

Milestones	Examples
Level 1 Establishes goals for personal and professional development	 Identifies areas for improvement Seeks ways to improve
Level 2 Identifies opportunities for performance improvement; designs a learning plan	 Recognizes issues with minimally invasive techniques and schedules more time in the skills lab Identifies CARSITE scores below expectations and creates a study plan
Level 3 Integrates performance feedback and practice data to develop and implement a learning plan	 Uses skills lab with metrics to improve identified technical skills deficits and seeks additional feedback Meets with a mentor regularly in preparation for the certifying exam
Level 4 Revises learning plan based on performance data	 Identifies new area for improvement if previous plan is completed successfully, such as a different anastomotic technique or improving cross cultural communication Improves minimally invasive skills but continues to modify current techniques or practice additional techniques based on video review and directed feedback
Level 5 Coaches others in the design and implementation of learning plans	 Leads areas for improvement sessions and coaches general surgery residents to modify study techniques to improve ABSITE scores Independently identifies and coaches residents who need technical skills improvement
Assessment Models or Tools	 Direct observation E-learning module with assessment Mentor/coach evaluation of learning plan Multisource feedback Portfolio Reflection Simulation
Curriculum Mapping	•
Notes or Resources	 Hojat M, Veloski JJ, Gonnella JS. Measurement and correlates of physicians' lifelong learning. Acad Med. 2009. Aug;84(8):1066-74. Contains a validated questionnaire about physician lifelong learning.

 Lockspeiser TM, Schmitter PA, Lane JL et al. Assessing Fellows' Written Learning Goals and Goal Writing Skill: Validity Evidence for the Learning Goal Scoring Rubric. Academic Medicine 2013. 88 (10) Burke AE, Benson B, Englander R, Carraccio C, Hicks PJ. Domain of competence: practice-based learning and improvement. Acad Pediatr. 2014;14: S38-S54.
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Professionalism 1: Ethical Principles	
Overall Intent: To recognize basic ethical principles and applies in daily practice, and use appropriate resources for managing ethical dilemmas	
Milestones	Examples
Level 1 Demonstrates knowledge of the ethical principles underlying informed consent, surrogate decision making, advance directives, confidentiality, error disclosure, stewardship of limited resources, and related topics	 Discusses the basic principles underlying ethics (e.g., beneficence, nonmaleficence, justice, autonomy) and professionalism (e.g., professional values and commitments), and how they apply in various situations (e.g., informed consent process) Lists elements of informed consent for procedures
Level 2 Analyzes straightforward situations	Identifies surrogate for impaired patients
using ethical principles	Maintains patient confidentiality in public situations
Level 3 Recognizes need to seek help in managing and resolving complex ethical situations	 Obtains institutional guidance on obtaining consent for blood transfusion in pediatric Jehovah's Witness patient Analyzes difficult real or hypothetical ethics case scenarios or situations, recognizes own limitations
Level 4 Recognizes and uses appropriate resources for managing and resolving ethical dilemmas, as needed (e.g., ethics consultations, literature review, risk management/legal consultation)	 Manages a near miss or sentinel event (e.g., getting risk management, legal consultations) Identifies ethical dilemmas of performing procedures in patients who are potential organ donors Recognizes and manages situations of medical futility
Level 5 Identifies and seeks to address system- level factors that induce or exacerbate ethical problems or impede their resolution	• Identifies and seeks to address system-wide factors or barriers to promoting a culture of ethical behavior through participation in a work group, committee, or task force (e.g., ethics committee or an ethics subcommittee, risk management committee, root cause analysis review, patient safety or satisfaction committee, professionalism work group, Institutional Review Board, resident grievance committee)
Assessment Models or Tools	 Direct observation Global evaluation Multisource feedback Oral or written self-reflection (e.g., of a personal or observed lapse, ethical dilemma, or systems-level factors) OSCE Simulation
Curriculum Mapping	•
Notes or Resources	 American Medical Association Code of Ethics. https://www.ama-assn.org/delivering-care/ama-code-medical-ethics 2019. American College of Surgeons. Code of Professional Conduct https://www.facs.org/about-acs/statements/stonprin#code 2003.

- Ethical Issues in Clinical Surgery (ACS)SCORE Modules

Professionalism 2: Professional Behavior and Accountability	
Overall Intent: To take responsibility for one's actions and the impact on patients and other members of the health care team and recognize	
limits of one's own knowledge and skill	
Milestones	Examples
Level 1 Completes patient care tasks and responsibilities, identifies potential barriers, and describes strategies for ensuring timely task completion	 Completes routine discharge process Sees transfer patient and completes admit orders in a timely manner
Describes when and how to appropriately report lapses in professional behavior	Knows how to report unprofessional behavior at their institution
Recognizes limits in the knowledge/skills of self and seeks help	Asks for help in incision and drainage of a rectal abscess if uncomfortable with procedure
Level 2 Performs patient care tasks and responsibilities in a timely manner with appropriate attention to detail in routine situations	Consents patient and schedules right colectomy
Takes responsibility for his or her own professional behavior	Apologizes to team member(s) for unprofessional behavior without prompting
Recognizes limits in the knowledge/skills of team and seeks help	Recognizes inadequate glycemic control despite multiple adjustments of medication regimen and requests diabetes management consult
Level 3 Performs patient care tasks and responsibilities in a timely manner with appropriate attention to detail in complex or stressful situations	Counsels angry patient with complaints about care team while having multiple other clinical responsibilities
Demonstrates professional behavior in complex or stressful situations	Asks for assistance during operative procedure after reaching one's own limits of understanding or failing to progress
Exhibits appropriate confidence and self- awareness of limits in knowledge/skills	Asks for help leading family meeting where withdrawal of life-sustaining treatment will be discussed
Level 4 Recognizes situations that may impact others' ability to complete patient-care tasks and responsibilities in a timely manner	 Adjusts junior resident schedule to allow work-hour compliance Encourages junior residents to use well-being days

Intervenes to prevent and correct lapses in professional behavior in self and others	Identifies fatigue in a team member and suggests they take a nap
Aids junior learners in recognition of limits in knowledge/skills	Reports student harassment to appropriate institutional official Puts on gown and gloves to help junior resident struggling to complete endoscopy
Level 5 Develops systems to enhance other's ability to efficiently complete patient-care tasks and responsibilities	Sets up a meeting with the nurse manager to streamline patient discharges
Coaches others when their behavior fails to meet professional expectations	Coaches others on how to avoid conflict with team members
Assessment Models or Tools	 Compliance with deadlines and timelines Direct observation Multisource feedback Self-evaluations Simulation
Curriculum Mapping	
Notes or Resources	 American College of Surgeons. Code of Professional Conduct https://www.facs.org/about-acs/statements/stonprin#code 2003. Code of conduct from institutional manual

Professionalism 3: Administrative Tasks

Overall Intent: To develop the skills and behaviors required to complete the administrative duties of being a surgeon, such as clinical work and education hours, case logs, evaluations, discharge summaries, operative reports, daily progress notes, and conference/meeting attendance

attendance	
Milestones	Examples
Level 1 Takes responsibility for failure to complete administrative tasks and responsibilities, identifies potential contributing factors, and describes strategies for ensuring timely task completion in the future	 Acknowledges a failure to allocate time specifically for case logs and discharge summaries Creates a plan to log all cases at the end of each day
Level 2 Performs administrative tasks and responsibilities in a timely manner with appropriate attention to detail in routine situations	 Logs clinical and educational work hours and case logs regularly Completes operative reports, progress notes, and discharge summaries promptly
Level 3 Performs administrative tasks and responsibilities in a timely manner with appropriate attention to detail in complex or stressful situations	 When on a busy service, continues to log clinical and educational work hours and cases without interruption Completes evaluations promptly even when having multiple other clinical and administrative responsibilities
Level 4 Recognizes situations that may impact others' ability to complete administrative tasks and responsibilities in a timely manner	After planning to attend a family wedding, makes the appropriate changes in the call schedule to avoid service interruptions
Level 5 Develops systems to enhance other's ability to efficiently complete administrative tasks and responsibilities	Works with the hospital information technology department to develop a resident shared file directory to facilitate resident completion of administrative requirements such as call schedule distribution and transition of patient care documents
Assessment Models or Tools	 Case logs Clinical and educational work hours logs Conference attendance logs Evaluation compliance Program director's reports documenting compliance with administrative requirements
Curriculum Mapping	•
Notes or Resources	 ACGME Program Requirements for Graduate Medical Education in Colon and Rectal Surgery https://www.acgme.org/Specialties/Program-Requirements-and-FAQs-and-Applications/pfcatid/4/Colon%20and%20Rectal%20Surgery

Professionalism 4: Self-Awareness and Help-Seeking Overall Intent: To identify, use, manage, improve, and seek help for personal and professional well-being for self and others	
Milestones	Examples
Level 1 Identifies the institutional resources available to manage personal, physical, and emotional health (e.g., acute and chronic disease, substance abuse, and mental health problems)	Completes institutional resources related to fatigue management Knows how to access an institutional crisis line
Demonstrates knowledge of the principles of physician well-being and fatigue mitigation	Requests time off for a medical or dental appointment
Level 2 Monitors own personal health and wellness and appropriately mitigates fatigue and/or stress	Recognizes when they are approaching clinical and educational work hour limits and develops a plan to ensure both compliance and fatigue mitigation
Manages own time and assures fitness for duty	Develops a regular exercise program
Level 3 Promotes healthy habits and creates an emotionally healthy environment for self and colleagues	 Meets with wellness coach/champion to develop a wellness plan Ensures junior residents leave the hospital at an appropriate time
Models appropriate management of personal health issues, fatigue, and stress	Stays home when ill and communicates with team
Level 4 Recognizes and appropriately addresses signs and symptoms of burnout, depression, suicidal ideation, potential for violence, and/or substance abuse in self and other members of the health care team	Brings concerns about other team members to the program director
Proactively modifies schedules or intervenes in other ways to assure that those caregivers under his or her supervision maintain personal wellness and do not compromise patient safety (e.g., requires naps, counsels, refers to services, reports to program director)	Arranges for a resident to take a day off if they are fatigued and/or approaching clinical and educational work hour limits

Level 5 Coaches others when emotional	Leads a mindfulness program with residents
responses or limitations in knowledge/skills do	Organizes program activities to improve well-being
not meet professional expectations	Monitors wellness landscape and suggests new wellness ideas
Assessment Models or Tools	Direct observation
	Group interview or discussions for team activities
	Individual interview
	Institutional online training modules
	Participation in institutional well-being programs
	Self-assessment and personal learning plan
Curriculum Mapping	
Notes or Resources	Local resources, including Employee Assistance Programs
	ACGME Physician Well-Being Tools and Resources https://www.acgme.org/What-We-
	Do/Initiatives/Physician-Well-Being/Resources
	National Academy of Medicine. Clinician resilience and well-being
	https://nam.edu/initiatives/clinician-resilience-and-well-being/

Interpersonal and Communication Skills 1: Patient and Family-Centered Communication	
Overall Intent: To deliberately use language and behaviors to form a therapeutic relationship with a patient and his or her family; to identify	
communication barriers, including self-reflection on personal biases, and minimize them in the doctor-patient relationship; organize and lead	
communication around shared decision-making	
Milestones	Examples
Level 1 Communicates with patients and their families in an understandable and respectful	Self-monitors and controls tone, non-verbal responses, and language and asks questions to invite the patient's participation
manner	 Accurately communicates their role in the health care system to patients and families, and identifies common communication barriers (e.g., loss of hearing, language, aphasia) in patient and family encounters
Provides timely updates to patients and families	 Communicates with patients and patients' families on changing conditions Provides patients with routine information, such as abdominal x-ray obtained earlier in the day is normal, hematocrit is stable, etc.
Level 2 Customizes communication, in the setting of personal biases and barriers (e.g., age, literacy, cognitive disabilities, cultural differences) with patients and families	Identifies complex communication barriers (e.g., culture, religious beliefs, health literacy) in patient and family encounters
Actively listens to patients and families to elicit patient preferences and expectations	Leads a discussion about acute post-operative pain management with the patient and the family, reassessing the patient's and family's understanding and anxiety
Level 3 Delivers complex and difficult information to patients and families	 Establishes and maintains a therapeutic relationship with a challenging patient (e.g., angry, non-compliant, substance seeking, mentally challenged) Attempts to mitigate identified communication barriers, including reflection on implicit biases (e.g., preconceived ideas about patients of certain race or weight) when prompted
Uses shared decision making to make a personalized care plan	 Acknowledges uncertainty in a patient's medical complexity and prognosis Independently engages in shared decision making with the patient and family, including a recommended acute pain management plan to align a patient's unique goals with treatment options
Level 4 Facilitates difficult discussions specific to patient and family conferences, (e.g., end-of-life, explaining complications, therapeutic uncertainty)	Facilitates family conference when family members disagree about the goals of care
Effectively negotiates and manages conflict among patients, families, and the health care team	Negotiates care management plan when interventions will be medically ineffective

Level 5 Coaches others in the facilitation of crucial conversations Coaches others in conflict resolution Assessment Models or Tools	 Mentors/coaches and supports colleagues in self-awareness and reflection to improve therapeutic relationships with patients Creates a curriculum to teach conflict resolution in family conferences Direct observation Kalamazoo Essential Elements Communication Checklist (Adapted) Mini-clinical evaluation exercise Multisource feedback Self-assessment including self-reflection exercises Standardized patients or structured case discussions
Curriculum Mapping	
Notes or Resources	 Laidlaw A, Hart J. Communication skills: an essential component of medical curricula. Part I: Assessment of clinical communication: AMEE Guide No. 51. <i>Med Teach</i>. 2011;33(1):6-8. Makoul G. Essential elements of communication in medical encounters: the Kalamazoo consensus statement. <i>Acad Med</i>. 2001;76:390-393. Makoul G. The SEGUE Framework for teaching and assessing communication skills. <i>Patient Educ Couns</i>. 2001;45(1):23-34. O'Sullivan P, Chao S, Russell M, Levine S, Fabiny A. Development and implementation of an objective structured clinical examination to provide formative feedback on communication and interpersonal skills in geriatric training. <i>J Am Geriatr Soc</i>. 2008;56(9):1730-5. Symons AB, Swanson A, McGuigan D, Orrange S, Akl EA. A tool for self-assessment of communication skills and professionalism in fellows. <i>BMC Med Educ</i>. 2009; 9:1. American Academy of Hospice and Palliative Medicine: Hospice and Palliative Medicine Competencies Project. https://aahpm.org/fellowships/competencies#competencies-toolkit accessed June 6, 2017. TeamSTEPPS SCORE modules American College of Surgeons. Communicating with patients about surgical errors and adverse outcomes. https://web4.facs.org/ebusiness/ProductCatalog/product.aspx?ID=229 American College of Surgeons. Disclosing surgical error vignettes. https://web4.facs.org/ebusiness/ProductCatalog/product.aspx?ID=157 Baile WF, Buckman R, Lenzi R, et al. SPIKES - a six-step protocol for delivering bad news: application to the patient with cancer. <i>Oncologist</i>. 2000;5:302-311.

Interpersonal and Communication Skills 2: Interprofessional and Team Communication Overall Intent: To effectively communicate with the health care team, including with consultants, in both straightforward and complex situations	
Milestones	Examples
Level 1 Respectfully requests and receives a consultation	 Allows others to express their opinions Politely accepts requests for consult in the emergency department and thanks the department for the consult
Uses language that values all members of the health care team	Consistently uses inclusive language
Level 2 Clearly and concisely requests and responds to a consultation	Informs consult service of the recommendation
Communicates information effectively with all health care team members	Asks gastroenterology service for help in medical management of patient with Crohn's flare
Solicits feedback on performance as a member of the health care team	Specifies urgency of consult request
Level 3 Verifies understanding of recommendations when providing or receiving a consultation	Uses closed-loop communications and restating to verify emergency department understands plan for admission to surgical service and operation
Uses active listening to adapt communication style to fit team needs	Demonstrates active listening by asking team members about their concerns and questions during patient rounds
Communicates concerns and provides constructive feedback to peers and learners	Respectfully provides feedback to medical students about their presentations during morning rounds
Level 4 Coordinates recommendations from different members of the health care team to optimize patient care, resolving conflict when needed	Leads a complex rapid-response, using closed-loop communication, to ensure each patient care task is assigned and completed
Maintains effective communication in crisis situation	Provides feedback to faculty members when expectations are not clear (e.g., coverage in clinic or operating room)
Communicates constructive feedback to superiors	

Level 5 Coaches flexible communication strategies that value input from all health care team members	Mentors/coaches junior resident to improve communication skills within the team
Facilitates regular health care team-based	Leads a team debrief after a patient death
feedback in complex situations	
Assessment Models or Tools	 Direct observation Multisource feedback Simulated encounters Standardized patient encounters or OSCE
Curriculum Mapping	
Notes or Resources	 Mills P, Neily J, Dunn E. Teamwork and communication in surgical teams: implications for patient safety. <i>JACS</i>. 206;107-112:2008 Team training courses Non-technical training skills for surgeons. NOTSS. https://www.notss.org

Interpersonal and Communication Skills 3: Communication within Health Care Systems Overall Intent: To develop skills and behaviors that allows the resident to communicate effectively within the context of a health care system **Milestones Examples** Level 1 Accurately records information in the • Fills in all elements of a documentation template with the most up-to-date information patient record, including appropriate use of available documentation templates Level 2 Demonstrates efficient use of electronic • Creates accurate, original notes that do not contain extraneous information such as medical record to communicate with the health verbatim transcriptions of radiology reports, and concisely summarizes the assessment and plan care team • Collects information from outside health care systems and then accurately and succinctly Level 3 Integrates and synthesizes all relevant data from outside systems and prior encounters incorporates that information into the electronic health record into the health record Level 4 Appropriately selects method and • Calls the attending in the middle of the night when the patient has an emergent change in urgency of communication based on context clinical status • Texts attending with change in operating room schedule • Mentors/coaches colleagues how to improve clinical notes, including terminology, billing **Level 5** Guides departmental or institutional compliance, conciseness, and inclusion of all required elements communication around policies and procedures Creates a policy around HIPAA compliant electronic communication (e.g., texting) Assessment Models or Tools Chart stimulated recall Direct observation Medical record (chart) audit Multisource feedback **Curriculum Mapping** • Bierman JA, Hufmeyer KK, Liss DT, Weaver AC, Heiman HL. Promoting responsible Notes or Resources electronic documentation: validity evidence for a checklist to assess progress notes in the

electronic health record. Teach Learn Med. 2017 Oct-Dec;29(4):420-432.

• U.S. Department of Health & Human Services. Health information privacy. HHS.gov/hipaa

Available Milestones Resources

Clinical Competency Committee Guidebook, updated 2020 -

https://www.acgme.org/Portals/0/ACGMEClinicalCompetencyCommitteeGuidebook.pdf?ver=2020-04-16-121941-380

Clinical Competency Committee Guidebook Executive Summaries, New 2020 - https://www.acgme.org/What-We-Do/Accreditation/Milestones/Resources - Guidebooks - Clinical Competency Committee Guidebook Executive Summaries

Milestones Guidebook, updated 2020 - https://www.acgme.org/Portals/0/MilestonesGuidebook.pdf?ver=2020-06-11-100958-330

Milestones Guidebook for Residents and Fellows, updated 2020 -

https://www.acgme.org/Portals/0/PDFs/Milestones/MilestonesGuidebookforResidentsFellows.pdf?ver=2020-05-08-150234-750

Milestones for Residents and Fellows PowerPoint, new 2020 - https://www.acgme.org/Residents-and-Fellows/The-ACGME-for-Residents-and-Fellows

Milestones for Residents and Fellows Flyer, new 2020 https://www.acgme.org/Portals/0/PDFs/Milestones/ResidentFlyer.pdf

Implementation Guidebook, new 2020 - https://www.acgme.org/Portals/0/Milestones%20Implementation%202020.pdf?ver=2020-05-20-152402-013

Assessment Guidebook, new 2020 -

https://www.acgme.org/Portals/0/PDFs/Milestones/Guidebooks/AssessmentGuidebook.pdf?ver=2020-11-18-155141-527

Milestones National Report, updated each Fall -

https://www.acgme.org/Portals/0/PDFs/Milestones/2019MilestonesNationalReportFinal.pdf?ver=2019-09-30-110837-587 (2019)

Milestones Bibliography, updated twice each year -

https://www.acgme.org/Portals/0/PDFs/Milestones/MilestonesBibliography.pdf?ver=2020-08-19-153536-447

Developing Faculty Competencies in Assessment courses - https://www.acgme.org/Meetings-and-Educational-Activities/Other-Educational-Activities/Courses-and-Workshops/Developing-Faculty-Competencies-in-Assessment

Assessment Tool: Direct Observation of Clinical Care (DOCC) - https://dl.acgme.org/pages/assessment

Assessment Tool: Teamwork Effectiveness Assessment Module (TEAM) - https://dl.acgme.org/pages/assessment

Learn at ACGME has several courses on Assessment and Milestones - https://dl.acgme.org/